## Whats Happening

It's hard to believe that it's already December, and 2024 will soon be coming to a close. Bridges will be closing out the year with with our final quarterly mentor support group, and Shopping with a Friend in partnership with Shop On State. We are also gearing up for National Mentoring Month in January!

The holidays can be a stressful time for some people and families. Memories of loved ones no longer with us, families not having the resources to celebrate they way they would like, and the break from the consistency of school supports are a few examples of stressors our mentees could be experiencing. As a mentor you can be prepared to listen, stay consistent with your meetings/support, and be ready to provide

information about available resources. If you or someone you know are in need of additional supports/resources, please reach out to us and we will point you in the right direction.

We recently received several new referrals and are in need of mentors. For more information on become a mentor contact us a (641)732-3566.

### Reminder

Mentors, Don't Forget!

Match Activity Logs are due
monthly

Logs need to include the date(s) of meeting, length of time, description of activities. Fill out the web form, or email to Nicole at:

mcbridgesmentoringprogram.com





**Bridges Mentoring Program** 



## Event Info.





# HAPPA HOLIDAYS From bridges mentoring the strong of the

#### **Upcoming Events**

- **12/9/24, 5:30pm:** Mentor Support Group
- 12/15/24, 2-4pm: Shopping with a Friend at Shop on State
- **1/27/24:** Mentor Appreciation Dinner

