

OCTOBER 2024



# What's Happening

At Bridges Mentoring we believe that all young people can benefit from mentorship.

A mentor is someone that see a young person's strengths, helps bring out those strengths, and build on them. They help bridge gaps and create connections to set their mentee up for future success. Mentors show up consistently, even when the road gets bumpy. Mentors listen without judgement to understand their mentee's view. Think back on your life. Who mentored you? It may not have been through a formal program. Maybe you didn't realize they were a mentor until later in your life.

How did they support, influence, and shape your future? How might your life be different today if you had never met them? Chances are, the person you are thinking of had a major impact on you. It is also likely that you know a young person today that could benefit from a similar experience to yours. That young person is the reason we are here to provide formal mentorship in Mitchell County.

Not a mentor yet? Contact us a (641)732-3566 to get started.

## Reminder

**Mentors, Don't Forget!**  
**Match Activity Logs are due monthly**

Logs need to include the date(s) of meeting, length of time, description of activities. Fill out the [web form](#), or email to Nicole at: [mcbridgesmentoringprogram.com](mailto:mcbridgesmentoringprogram.com)



Since 1999

**Bridges Mentoring Program**

October 2024



# Event Info.



## ROUND UP FOR



**October 7th-22nd**

Funds raised will be used for match support and recruitment. Thank you for your support!



At Randy's Neighborhood Market

## Upcoming Events

- Fall/winter large group activity to be determined
- **12/9/24, 5:30pm:** Mentor Support Group

## Mentor Training Opportunity from Iowa Mentor

### Adopting a Mentoring Mindset: Introduction to the Becoming a Better Mentor Series

Two virtual trainings will be offered. Follow the dated links to register.

[Tuesday, October 29th 2024; 4:30-6:00pm](#)

[Thursday, December 5th 2024; 4:30-6:00pm](#)

Adopting a Mentoring Mindset is an hour and a half training on critical attitudes, beliefs, and behaviors that serve as the foundation of being an effective mentor. A "mentoring mindset" is a way of thinking and interacting that place young people at the center of the mentoring relationship and allows those of us serving as mentors to be true partners in a young person's journey.

Participants will receive a certificate of completion and should come prepared to learn and interact with others.



Bridges Mentoring Program