

AUGUST 2025



What's Happening



August is here and summer is wrapping up. The first day of school will be here before we know it. For some young people the transition back to school can be a little challenging, while others are itching to get back into the classroom and the routine. Ways we can help our kids prepare for a successful transition include making sure they have all required supplies before classes start, well fitting clothes and shoes, start adjusting bed and wake up times a week or two before school starts, and talking with them about their school day routines. Some talking points may be what they are responsible for preparing the night before and morning of each school day, how they will be getting to and from school, and their after school plans. If your child will be walking themselves to and/or from school, walk their route with them a few times before they need to do it alone. The United Way will be holding a kids shoe drive in Charles City Central Park on August 5th from 5-7pm. If you are needing assistance with school supplies, the Salvation Army is a good resource, or talk with your child's teacher. The school often receives donations that they can use for students in need. If you need additional assistance, you can always reach out to the Bridges Program Coordinator and we will work to help you find additional resources.

Mentors can be great supports for young people during times of transition. Listen to your mentees about what they are worried and excited about. Help them think through possible solutions to problems, and help them remember the things they are good at. Be sure to have fun too!

Mentor one child, change two lives

Reminder

Mentors, Don't Forget!
Match Activity Logs are due monthly

Logs need to include the date(s) of meeting, length of time, description of activities. Fill out the [web form](#), or email to Nicole at: mcbridgesmentoringprogram.com



Bridges Mentoring Program

August 2025



Event Info.



Find Your Match!

WAITING LIST SPOTLIGHT

● 12 year old boy

This young man likes sports, tech, fishing and being active. He would like a mentor that he can go bowling and fishing with, play catch, and talk to.

If you are interested in becoming a mentor to this young person or another, please apply online at: www.bridgesmentoringprogram.com/volunteer-mentor-application or Call: (641)732-3566

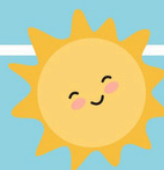


WAITING LIST SPOTLIGHT

● 11 year old girl

This young lady enjoys makeup, shopping, and volleyball. She would like a mentor that will cook/bake, and do crafts with her.

If you are interested in becoming a mentor to this young person or another, please apply online at: www.bridgesmentoringprogram.com/volunteer-mentor-application or Call: (641)732-3566



Family Picnic 2025

Mentors, mentees, and their families are invited to join us for food, games and fun

**Sunday, Sept. 7th, 2025
4pm**

At Osage City Park

RSVP not required, but will help with planning:
(641)732-3566



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