

JUNE 2025



What's Happening

School is out for summer, ball games are in full swing, and our parks are alive with people enjoying the sunshine. Some of our mentors have told me how they and their mentee have made lists of things they would like to do together this summer. Some great ideas I have heard are day trips to different parks or attractions, watching their mentee play ball, visiting the splash pad, participating in library programs, kayaking, and attending a Cedar Summerstock show. If you haven't made a "summer bucket list" with your mentee yet I encourage you to do so. Activity ideas can be found on our website under "Resources for Mentors" if you are having a hard time brainstorming. You can also always contact me if you want to discuss ideas.

Our kids may be on break, but that does not mean we are on a break here at bridges. We accept youth referrals and mentor applications year round. Making a mentor/mentee match is a little bit of an art. We want to make sure that personalities, interests, needs and goals mesh well when making a match. This is to ensure that both the adult and child have a good and beneficial experience. To make this possible we need a varied pool of volunteers. If you are interested in learning more about becoming a mentor you can visit www.bridgesmentoring.com, or contact us at 641-732-3566. We do have young people from all three school districts waiting to be matched.

Mentor one child, change two lives

Reminder

Mentors, Don't Forget!
Match Activity Logs are due monthly

Logs need to include the date(s) of meeting, length of time, description of activities. Fill out the [web form](#), or email to Nicole at: mcbridgesmentoringprogram.com



Since 1999

Bridges Mentoring Program

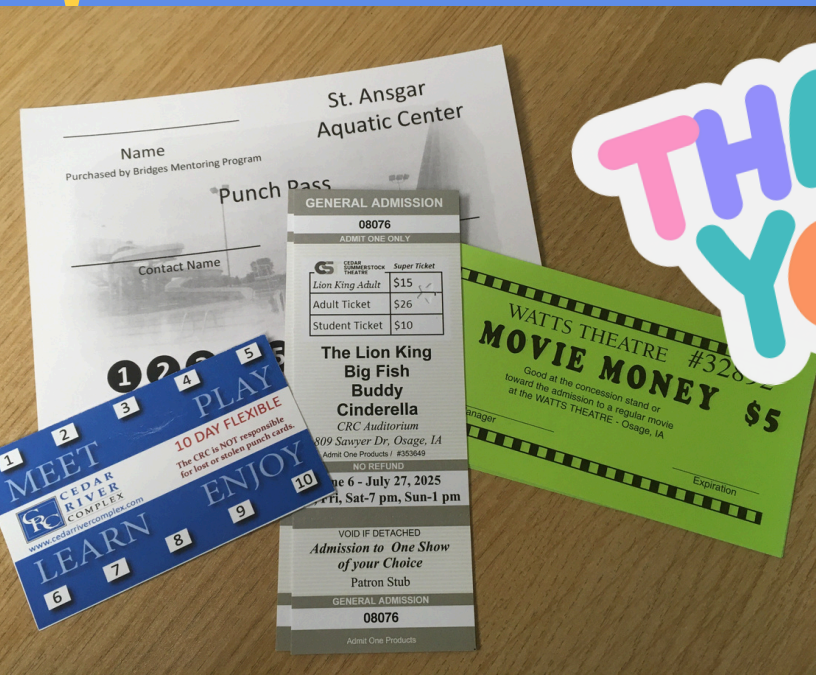
June 2025

Event Info.

THANK YOU!

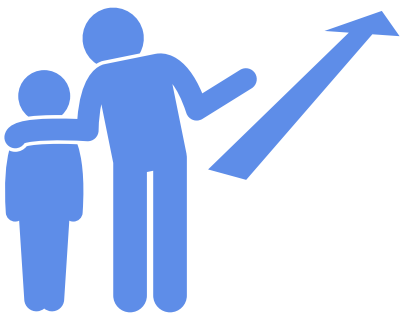
Shop on State

All matches have received tickets/certificates for an ice cream treat, the CRC, Watt's Theatre, Cedar Summerstock, and the St. Ansgar Aquatics Center. This was made possible by the Shop on State Grant. Thank you Shop on State for supporting our community.



Upcoming Events

- **6/3/25:** Iowa Mentor "Mentoring Mindset" training; 4:30-6pm (virtual) Registration Required
- **9/7/25:** Family Picnic (more info to come)



WEBINAR

BECOMING A BETTER Mentor

April 30th, 2025
10:00-11:30am
Or
June 3rd, 2025
4:20-6:00pm

FREE TRAINING FOR MENTORS

Iowa MENTOR will host a virtual training session on the mentoring mindset twice before the end of the year. This is a training for any individual that would like to be a mentor or is serving as a mentor in a mentoring program. A perfect "first step training" where we will explore some critical attitudes, beliefs, and behaviors that serve as the foundation of being an effective mentor. Participants will receive a certificate of completion and should come prepared to learn and interact with others.

Adopting a Mentoring Mindset is an hour and a half training on critical attitudes, beliefs, and behaviors that serve as the foundation of being an effective mentor. A "mentoring mindset" is a way of thinking and interacting that place young people at the center of the mentoring relationship and allows those of us serving as mentors to be true partners in a young person's journey.

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