

APRIL 2025



What's Happening



We closed out March with a successful fundraiser at Limestone Brewers. We would like to extend our thanks to everyone that attended and to the following businesses and individuals for donating items for the silent auction: Cedar River Complex, Central Park Dentistry, CUSB, Edward Jones- Chris Beaty, First Citizens Bank, Brooke Lewis, Milk House Candles, Sue Mullenbach & the Bridges Advisory Board, and State Farm Insurance- Craig Eisenman. Your generosity raised over \$1,821 that will support our mission to strengthen the self-esteem and social skills of children by providing positive mentoring relationships at no cost to the families served.

This month we are working on starting new matches, and hosting a gym and swim party at the CRC for all of our current matches. Our group activities are a great time for our mentors and mentees to connect with each other, socialize, and gain a sense of community.

Our work to match youth with mentors in our community is never done. We are very mindful in matching young people with mentors, taking into consideration personalities, interests and other factors. To make the best matches possible we need a varied pool of volunteers. We have several young people waiting to be matched. If you have considered mentoring, contact us at 641-732-3566 or mcbridgesmentoringprogram@gmail.com for more information.

Mentor one child, change two lives

Reminder

Mentors, Don't Forget!
Match Activity Logs are due monthly

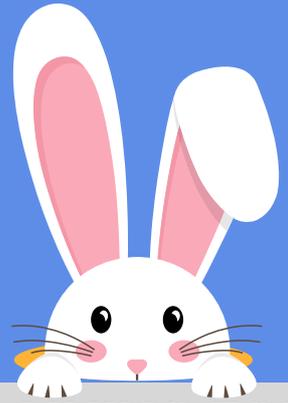
Logs need to include the date(s) of meeting, length of time, description of activities. Fill out the [web form](#), or email to Nicole at: mcbridgesmentoringprogram.com



Bridges Mentoring Program

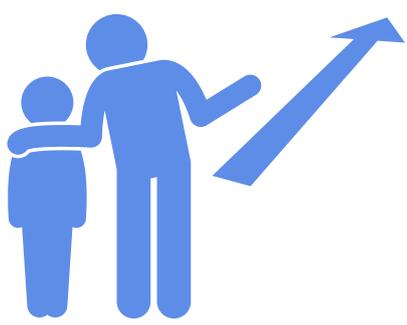


Event Info.



Upcoming Events

- **4/27/25:** CRC Group Outing; 3-5pm
- **4/30/25:** Iowa Mentor "Mentoring Mindset" training; 10-11:30am (virtual)
Registration Required
- **6/3/25:** Iowa Mentor "Mentoring Mindset" training; 4:30-6pm (virtual)
Registration Required




April 30th, 2025
10:00-11:30am
Or
June 3rd, 2025
4:20-6:00pm

FREE TRAINING FOR MENTORS

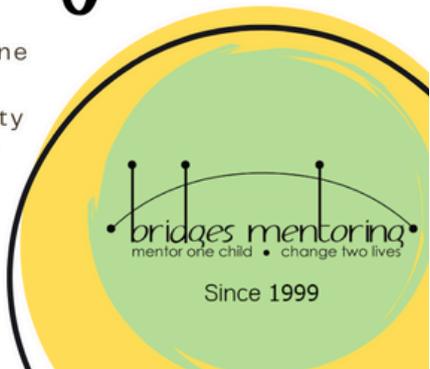
Iowa MENTOR will host a virtual training session on the mentoring mindset twice before the end of the year. This is a training for any individual that would like to be a mentor or is serving as a mentor in a mentoring program. A perfect "first step training" where we will explore some critical attitudes, beliefs, and behaviors that serve as the foundation of being an effective mentor. Participants will receive a certificate of completion and should come prepared to learn and interact with others.

Adopting a Mentoring Mindset is an hour and a half training on critical attitudes, beliefs, and behaviors that serve as the foundation of being an effective mentor. A "mentoring mindset" is a way of thinking and interacting that place young people at the center of the mentoring relationship and allows those of us serving as mentors to be true partners in a young person's journey.



thank you!

Thank you to everyone that attended, and donated to our fundraiser at Limestone Brewers on March 29th. Because of your generosity we raised over \$1,800 for the mentoring program!




GYM & SWIM Party!

SUNDAY APRIL 27TH, 2025

FOR BRIDGES MATCHES
3:00 - 5:00PM
CEDAR RIVER COMPLEX

WE HAVE THE KIDS COVE ROOM RESERVED.
MENTORS AND MENTEES MAY COME TO SWIM, PLAY IN THE GYM, AND/OR SOCIALIZE.